NATURE'S LAWS;

New Ideas Concerning Them.

A MEDICAL LECTURE

—DELIVERED BY—

DR. D. W. FAIRCHILD,

OF NEW YORK,

ILLUSTRATING THE PRINCIPLES OF ABSORPTION,

—AS DEVELOPED IN—

The Holman Liver Pad.

Together with Testimonials from Men and Women of the highest standing in the Dominion, including Clergymen, Doctors, Lawyers, Merchants, and all the other known Professions.

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WESLEYAN HALL, BOSTON, ON FRIDAY EVENING, MARCH 30th. 1877,

—BY—

DR. D. W. FAIRCHILD,

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Copied from the BOSTON DAILY GLOBE, of Saturday, March 31st, 1877,

Together with Testimonials from Men and Women of the highest standing in the Dominion, including Clergymen, Doctors, Lawyers, Merchants, and all the other known Professions.

It is a settled fact that the Holman Liver and Stomach Pad has effected more cures. The Holman Liver and Stomach Pad has made warmer friends. The Holman Liver and Stomach Pad has grown faster in favor than all the World's treatment combined. The Holman Liver and Stomach Pad cures the severest Chronic Liver and Stomach difficulties. The Holman Liver Pad is not a "Patent Medicine," but a "scientific" principle.

Head Offices for the Entire Dominion:

TORONTO, - - - - - - - 71 KING STREET WEST.
MONTREAL, - - - - - - 301 NOTRE DAME STREET.

This pamphlet is generously given and dedicated to suffering humanity of every clime and nation. It therefore goes to your hands as a mission of mercy, with the reasonable request that you lay aside prejudice and suspicion, to the extent of reading every word, and the further request that you ponder well the principles, and the unusual endorsements of their fruits, — subject to your fullest investigation and scrutiny.

When read, we trust that you will make it a matter of duty to place it in the hands of those in your neighborhood as mutually interested parties, not only in the general welfare of your fellow man, in the preservation of health and the curing of disease, but also if in your power that you help make life bearable in a vast portion of the richest and fairest localities heretofore made desolate and uninhabitable.

THE LECTURE.

You have not been invited here for the purpose of being treated to an intellectual repast. Neither is it my object to utter an unkind word where it is not deserved, or to traduce character, or to wander into any extravagant statements not susceptible of proof. If I know my own heart I am here to tell you, in as plain and simple a manner as I am capable, a series of facts full of wonder and astonishment, and to endeavor to make you better acquainted with yourself; and also to teach you the direct cause of nearly all the diseases man is heir to, and how simple and inexpensive a mode there is for you not only to prevent, but to cure the same. The question will be treated seriously, and fairly as it deserves. And right here I will take the occasion to say no man has a higher regard or more thorough veneration for

THE CONSCIENTIOUS FAMILY PHYSICIAN

than I. Such a man is entirely void of selfishness and prejudice. He is a constant student. He keeps pace with every fresh thought advanced; puts it into practice most willingly as an auxiliary anything that proves itself better than he has yet known. At least he never condemns short of a thorough investigation. Such men are sometimes found. They deserve the confidence, love and respect of all who know them. Such a man will tell you that the best of them are groping about in the dark; that it is one continuous round of experiment. The principle of antidotes has proved unsatisfactory—yea, a failure. A. H. Stevens, M. D., says: "The older physicians grow the more skeptical they become in the virtue of their own medicines." Professor Willard Parker says: "Of all sciences medicine is most uncertain." Professor E. H. Davis:

"THE VITAL EFFECTS OF MEDICINE

are little understood." J. Mason Good, M. D.: "The science of medicine is a barbarous jargon." Dr. Bostwick, author of History of Medicine; "Every dose of medicine is a blind experiment." Professor Evans, M. D.: "The medical practice of the present day is neither philosophy nor common sense." Professor Gregory: "Gentlemen, ninty-nine medical facts are medical lies." Dr. McLintock: "Mercury has made more cripples than all wars combined." And he should have added, that the present abuse of soda of potassi in its present various forms is destroying myriads of stomachs beyond redemption. Sir Astley Cooper says: "The science of medicine is founded on conjecture and improved by murder." Oliver Wendell Holmes said before a medical class in the year 1861: "The disgrace of medicine has been that colossal system of self-deception, in obedience to which mines have been emptied of the cankering minerals, the vegetable kingdom robbed of all its growth, the entrails of animals taxed for their impurities, the

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poison bags of reptiles drained of their venom, and all the conceivable abominations thus obtained, thrust down the throats of human beings suffering from some fault of organization, nourishment or vital stimulation."

Thus I might enlarge to the extent of volumes in quoting the long list of physicians' strictures on themselves, in which they tell you that medical science, thus far, is not only not beneficial, but absolutely injurious and killing in its effects. Notwithstanding all this, custom and early education ever hold a wonderful power over us, and it matters not how unreasonable and absurd any teachings and customs or habits may seem to us, and how plainly it may have been proved to us that they are injurious and fallacious. Yet it would seem that nothing short of long years of bitter experience, or some sudden mighty power, will ever change the course of most of us from impressions made through early education and example. Yes, we are slaves to habit, custom and fashion. There is usually a wonderful lack of individuality. For example: we are used to our doctor; we see him daily; we rely upon him; take his medicines, poisons and otherwise; pay his bills; gradually grow worse; *do no thinking or acting for ourselves;* finally die, and the friends charge it to a dispensation of Providence. Less than thirty-five years ago millions up to that period had gone down to their graves begging for one swallow of cold water. Mothers, sisters, brother and fond lover had, each in their turn, withheld from the dear one this precious and most natural antidote. This, too, when it was apparent that life could hold on but a few short hours at most. Doctors said in those days:

COLD WATER IS DEATH.

Give them calomel and a spoonful of warm water instead. Those loving friends were made the willing instruments through early education, to obey literally the doctor's command. Not only was the fever patient denied water, but was drugged, physicked, bled and starved, until all reactive power was lost, and he gave up the ghost to the treatment instead of the disease.

I doubt not there are numbers here to-night who know this statement to be true. But to-day the patient gets ice-water in superabundance. And why this radical change of antidotes? If fire was once the antidote of fire, why should water now be the antidote of fever fire? Simply for the reason that nature always revolts against any system that lacks a supply of Nature's natural wants, or that is cruel to itself. In every neighborhood, more or less there were found persons of strong will-power that decided they would not die until they had satisfied that intense thirst, and allayed the fire that was burning them up. Many interesting experiences have been told of what these creatures, in torment passed through to get water. My own uncle, for one, lay, as was supposed, at the point of death. A trusty old colored man, his watchman was called to his bed about midnight. Speaking just above a whisper, he, said: "Abe, I am going to ask of you one last request. Will you grant it?" "Yes, massa, anything you ask I'se do." "Take the old wooden jug, go to the spring, back of the barn, fill it with cold water and bring it to me quick." "Oh, massa, massa, anything else you ask I'se do; you know what missus and doctor said; 'No water, no water.'" "Abe, you go; if you don't and I live I'll shoot you dead."

After deliberating for a moment he says: "Massa, I go." It was brought him. He drank his fill. By morning every drop was gone. The fever broke. He fell into a quiet, peaceful sleep, and was soon restored to health. And not until then was any one told what had cured him. Such examples as these finally changed the present system of treating fevers. In this specific disease common sense is at last master of the situation. But how about the entire catalogue of nearly every other disease known?—such as bilious disorders, liver complaints, dyspepsia, female weakness, pains in the side, stomach, back, shoulders and muscles, periodical and life-long sick headaches, constipation, bilious diarrhœa, bilious colic, neuralgia, rheumatism, kidney difficulties, paralysis, irregular action of the heart, nervousness, liver coughs—often taken for consumption—*periodical drunkenness*, and more especially the dreaded scourge, malaria—such as intermittent, remittent, bilious, typhoid and scarlet fevers, fever and ague, ague cake, malaria fever, and the yearly visitation of yellow fever in the South, a a still more virulent form of malaria.

The above embraces a long list, and the unreflecting mind would naturally be slow in accepting all these as proceeding from a great cause—the stomach and liver.

We ask the question: Do you remember of ever suffering with any of the above-named symptoms while you had a sound stomach and liver? Ask your neighbor the same question.

But little change or advancement in the old practice has been shown during the last 200 years in the treatment of all these diseases, which are with the rarest exceptions, the outgrowth of a *diseased stomach* and a *torpid liver*, the latter being a consequence of the first. Yet they are all treated specially, as if they were distinct diseases, proceeding from other causes than those I have just named. These are generally treated with some of the following so-called medicines: First, mercury or calomel—a deadly and insidious poison, which has filled the world with human wrecks; once taken into the system it never ceases to rack and poison the sufferer until death steps in to relieve him. Arsenic, a deadly mineral poison, but often used. Strychnine—one-sixth of a grain will kill a dog in half a minute, and one grain WILL INSTANTLY DESTROY HUMAN LIFE.

Think of administering such a medicine as that for fever and ague and biliousness. It is done daily, however. Bismuth—this corrosive metal poison is becoming a favorite for the treatment of disease. It deposits itself in the bones as lead does, and entails permanent symptoms of poisoning. Quinine—this drug is much relied upon by the profession. But we deny that it has curative power. It excites the vital forces to temporary activity. It helps to resist the shock of disease for the time being. It helps the patient over a bad spot. But it will not eradicate poison.

The curse of quinine is, as you all know, that its continued use establishes an abnormal condition of the liver, kidneys and stomach, tending to congestion, irritation, torpidity, engorgement and final positive impairment. Who that has ever used this drug freely did not find an increased quantity needed for each succeeding day? As a consequence deafness, and want of memory are fastened in the system

with feelings of horror and wretchedness but little short of misery personified. Such practice is discreditable to the medical faculty. The theory of poison to cure a poison is fallacious, and cannot be borne out in any illustration in nature. As well might we say benzine is an antidote for fire; or another bite of the dog (not the hair—there is quite a difference between the two) will cure hydrophobia; also that green apples are good for the stomach-ache, etc.

Doctors Disagree. If we examine further the recorded opinions of physicians, eminent in their profession, we will often find one claiming that the very remedies used by others as *specifics* are the *causes* of the diseases they are employed to cure. Thus Dr. Stahl attributes the frequency of consumption to the introduction of Peruvian bark, while Dr. Morton considers the bark an effectual cure for the disease. Dr. Reed ascribes the frequency of this disease to the use of mercury, while Dr. Brillonet asserts that it is only curable by mercury. Dr. Rush says consumption is an inflammatory disease, and should be treated by bleeding, purging, cooling medicines, and starvation, while Salvadore says it is a disease of debility, and should be treated by tonics, stimulating medicines, and a generous diet. Galen recommends vinegar as the best preventative to consumption. Dissault and others assert that this disease is often brought on by a common practice of young people taking vinegar to prevent obesity. Dr. Beddoes recommends foxglove as a specific in consumption, while Dr. Pan found foxglove more injurious in the practice than beneficial. In the face of such contradictory statements, is it not time to think and act for yourself? And this, my hearers, brings us to the vital question: What is it that causes most of the suffering and disease found at this time in the human system? And why is it that most of the medicines given for a cure give anything but satisfaction to the patient? As before stated, most physicians treat every ill or pain specifically, while they are only each a part of the great whole, proceeding from or growing out of a fundamental cause. First, the stomach; second, the liver.

REGULATE THESE TWO ORGANS,

especially the first, so they perform their functions perfectly, and you will remove nineteen-twentieths of all the ills that man is heir to in this or any other climate. Prove this, you may say. The whole thing is in a nutshell. No mystery about it. The first stomach receives the food with no other preparation than what mastication has afforded, and if the stomach is healthy, gastric juice which is both a solvent and antiseptic appears in abundant quantities, mixing with the food, and excites the muscular motion of the stomach, propelling the food from left to right, and back again from right to left, until it is thorougly saturated with and disolved by the juice. Or else, in the absence of gastric juice, it must *ferment*, *decompose* and *rot* before it can even pass into the second stomach, called duodenum. This mass then comes in contact with juices from small glands, and then with the juices of the pancreas, also with the bile of liver. With the aid of these several and ever-important properties digestion continues and separation takes place. The starch is reduced to a sweetish mass and the fat to a soapy emulsion, and the bile on the entire mass prevents fermentation and the formation of gas, and assists in the separation of these properties

into three parts, the fatty portion, the albuminous and sugary, and the indigestible material. From this condition comes the entire making up of the body of life. The fluids pass into the system by way of ducts, constituting bones, cartilages, ligaments, cysts, muscles, sacs or bags, tubes, glands, nerves, adipose or fatty matter, membranes, etc. This is accomplished, by little villous points which project from the mucous membrane that take up the aliment, to be by them conveyed to the thoracic, which ascends along the spine. It is then emptied into the great horizontal vein on the left side of the neck. It is here the sugary and albuminous parts are surrendered to the veins, to be by them carried to the liver. The liver, kidneys, lungs and skin are all constantly employed in taking from and carrying off the poisonous, dead, effete matter of the human system.

THE HEART SENDS THE BLOOD

out through the arteries into the extremes of the system and to the surface, where the blood vessels terminate in the smallest possible tubes. In this circle it leaves its vitalizing influences and returns through the veins to the heart for redistribution. This returning venous blood is dark and poisonous, and needs to be cleansed, purified and revivified. The liver should receive a large portion of this poison, and from it secrete bile, which is Nature's cathartic and an antiseptic and solvent. The kidneys should separate the surplus water, thus preserving a uniform temperature and removing those poisons having nitrogen in them. The lungs should take from the blood carbon and impart oxygen, through contact with the atmosphere. The remainder of these poisons should pass off through the pores of the skin and the natural outlets of the body.

THE SPLEEN.

The spleen is like a sponge, and is susceptible of great expansion and contraction, without injury; it is, indeed, like the air chamber of a fire engine, which serves as a cushion for the water to press against, accomodating itself to the amount of pressure brought against it, and securing a steady unremitting flow or stream. The blood passes through the spleen. The heart is a double-acting force pump, forcing the blood out through the arteries into the veins. When the blood is natural and the mind free from excitement, and the body from disease, the machinery moves smoothly and beautifully, with regular and uniform pulsations, and without undue pressure upon any of the vessels or organs of circulation. But let the mind be suddenly brought under exciting or depressing influences, such as anger, grief, joy, or fear, and how quickly the heart responds, either by almost ceasing to beat, or by jumping, as it were, into increased vitality and strong vigorous throbs, with the blood seeming almost ready to break through some of its restraining barriers, under the great pressure. Right here comes the office of the spleen. It expands easily and readily under the pressure (like the air-chamber in the force-pump) till the crisis is passed without harm, when it gradually comes back to its natural condition as the exciting causes give way.

In fever the same results follow, the fever being the exciting cause. When malarial, the blood is thick with poison, and the heart finds great difficulty in performing its work, especially in the extremities,

like an engine forcing water through a small pipe or nozzle instead of through open hose. The small vessels are easily clogged, and offer a resistance to the blood circulation, and thus bring into use and make necessary the office of the spleen. It yields and expands under this pressure, which, being constant or very long continued, gives it no opportunity to contract at all, and it becomes congested, and loses its contracting power; hence ague cake or enlargement of the organ.

Now, then, inasmuch as the stomachs are the great reservoirs from which the entire system is sustained, it will be readily seen that if the gastric juice in the first stomach is lacking in quantity, then fermentation and decay of the food follow as a necessity—large quantities of gas, lactic acid and other poisonous substances being formed—and it must pass into the second stomach a vile, vitiated poison. Neither the juices of the pancreas, the bile, nor any other known property can ever restore it to the condition for which nature first intended it; and it is these vile poisons mixed with the poor fluids chemically changed that begin their circuit through the system; first attacking the liver, then the heart, thence to the kidneys, and then the lungs, then the skin, and finally permeating the entire system. And it is in this manner that you can now begin to understand yourself, and see at a glance why it is your liver becomes lifeless and torpid and fails to secrete bile, and that flutterings and palpitations occur about the heart; why the kidneys are diseased, and also the lungs leaving them sore and irritable and liable to colds and pneumonia; why your skin becomes a saffron color; why the nervous centres over your digestive organs are diseased and cause you sick headaches and neuralgia; and why you should have rheumatism, seeing as you can the carbon crystallized in the blood, and why women suffer such untold misery and weakness. The ligaments are relaxed; the fluids are weak and insufficient; the whole system is let down. There is want of vitality; a perfect goneness. It was once called laziness. It is now known as a dreadful and hated disease; and is the reason why you have cold extremities, fevers, inflammations and obstructions, spinal disease and an innumerable amount of pains, and not the least of all these, why we have *periodical drunkenness*. No one needs our sympathy and deserves the broad mantle of charity extended him more than the periodical drunkard. He will tell you it is not the *love or habit* that prompts him to drink, neither is it that he does not comprehend the terrible consequences growing out of its use; but that he is attacked at certain periods by gradual approaches, finally culminating in an indescribable gnawing feeling at the pit of the stomach, and a nervous prostration that pervades the entire system, such as seems to demand without delay a powerful opiate, or what is more convenient, a glass of whiskey, which will, for the time being, appease those dreadful sufferings; but once taken, and the system momentarily braced, he repeats the dose over and over for the same reason, until the *stomach* is finally unloaded of all its contents, including not only the whiskey, but base *fermented and decomposed food and dead mucous matter* it had previously accumulated.

This and *this* only was the cause of all the mischief that produced the above described symptoms; and not until this unloading is completed and the *dormant stomach* and *torpid liver* begin their work of secre-

tions can he be free of this his periodical, mental and physical disease. Here again the liver and stomach play a most important part in life. A healthy stomach *only* will save the periodical drunkard. It is high time this question was better understood. Further on I will tell you a sure preventative. My friends and suffering humanity, this is a vital point for you to understand, and remember that the cause of

NEARLY ALL YOUR ILLS

begins at the first stomach. First, obviate the primary cause by avoiding indiscretions. Reduce yourself to a systematic mode of living. Do not eat too much, and never hurriedly. Never swallow your food until it is thoroughly masticated. If you are a clergyman, never eat within an hour before speaking or within an hour afterwards. Digestion ceases while the brain is very active. And to my young female friends, let me implore of you, give your vitals full scope. Avoid tight lacing. Throw your corsets, unnatural instruments, to the four winds; or, what is better, let the women throughout the land join hands in cremating them all. Continuous tight lacing is certain suicide. Millions have already paid the penalty of this crime. Millions more are continuing to suffer the keenest tortures of mind and body in consequence of their use. And a vast number are hopelessly beyond restoration. Stop before it is too late. Send good blood and healthy fluids into the system and you will soon find your liver works well enough, also the heart, kidneys, lungs and the entire system. Again I repeat it, the liver is seldom wrong when the stomach is right; and I would add, by way of preface, that no human being ever had a fever, fever and ague, or yellow fever, who had a sound, healthy stomach and liver. These last two diseases came from decomposed vegetable matter that vaporizes and pervades the atmosphere with its poison and is taken into the system, but never lodges there while the various organs perform their proper functions. So with any other fevers. So long as there are no obstructions those diseases are impossible. But if, on the contrary, we find ourselves complaining more or less, we rush headlong for a remedy—some poison as an antidote to kill a poison. The disease may be in the form of biliousness, which is a mild type of malaria, manufactured in the stomach, or, if it is fever and ague a more violent type of malaria. We persevere day in and day out, and as I have seen for thirty and forty years, using some of the so-called drugs heretofore mentioned—poisons. The result is we find ourselves burdened with a complexion as yellow as a saffron bug, and a disease that alternates between constipation, diarrhœa, and all other trouble before mentioned.

In cold weather we long for the fire. In warm weather there is a feeling of lassitude. The reasons are you have neglected the origina cause, the stomach, and substituted a medicine, a poison, or a villainous cathartic, to treat all these ills specifically. So both poisons are fastened in the system, never to leave you, perhaps, until you meet the welcome messenger, death, unless you seize the opportunity offered you in the principle I am the happy instrument in presenting you, which has proved that it will accomplish what nothing else on earth can. The statements and charges I have made against the

PRESENT SYSTEM OF ANTIDOTES

come from one who has felt and known what it is to be a loving father

and have his pets looking beseechingly and pitiously for help when there was no help under that system. I refer to two of my children—a daughter and a son. The daughter had been a constant invalid for over four years, with bilious and malarial poison in the system, which had settled into some five diseases, as we thought, and were the consequences growing out of a long and continuous suffering and sickness. My son had the old-fashioned vomiting fever and ague, with the worst case of enlargement of the spleen I ever saw. All the well-known remedies had been applied for each of them, especially in my daughter's case. Instead of a cure she was rapidly drifting away, until all hope had disappeared of her ever being a well woman again, when through the kindness of Dr. Fairchild, my brother, living at New Haven, and an uncle, who had each of them seen some remarkable cures effected in their section, she came into possession of the HOLMAN FEVER AND AGUE AND LIVER PAD, something she or I had never seen or heard of before. So soon as I had found out its claims I threw it down, declared it the greatest humbug of the age, and said I would not honor it enough to put it on. Something over a week from that time she said: "Father, I have been using the Pad, and there is no denying the fact, the Pad is efficacious. All these ugly symptoms I have carried for the last four years have left me." I said: "Nonsense! Wait a little. Those are conditions most likely which would have occured any hour." My good wife, who seemed possessed with better faith and fairness than I, then insisted that I should get a Pad for Charlie. After wearing it about one week I thought he was having a worse time than ever. He however had put it on, believing most thoroughly it would cure him. But faith didn't help him or cure the chills. At last my wife said, "Charlie, where are you wearing it?" He said: "Here," pointing to his side, She then adjusted it so that the top of the pad touched the bottom of the breast-bone, and covered the pit of the stomach, and that was the last whisper of complaint I ever heard from either of those children for over a year. A near neighbour of mine, who had been an invalid with ague and biliousness for over fourteen years, was then induced to try it. After a reasonable length of time she reported the same results as in my children's case. This convinced me that the Pad was good. It brought peace to my family, I began to look well into the principles claimed for the Pad. I also hunted up every person I could find who had tried it. At last I decided to see the owners. I became convinced that the Pad was a success beyond question. I learned from them that when the Pad was worn as directed, there could be no failure. With this conviction, and notwithstanding I partially comprehended the sacrifices I had to make—absence from my family, opposition from the doctors, and prejudice, the ridicule and indifference from my fellow-man generally—yet I decided to return to the city of Cincinnati, where I had lived seventeen years of my life, and there

BEGIN THE PIONEER WORK,

proclaiming a principle that looked like a humbug on its face to a people who never before had heard the name of the Holman Fever and Ague and Liver Pad. If there is any one here who has ever experienced all that it means to make a discovery that, if adopted, would redound to the benefit of man, or has experienced the hope, joy, disap-

pointments, discouragements, contempt, sorrow and labour that fall to the lot of those who attempt to promulgate it, then he is prepared to count the cost of the Holman Liver Pad to date. Those who have not, could with profit read the lives of Galileo, Jenner, Harvey, Fulton, and many others who have tried it. Like all new beginners, my commencement was a hard struggle. The first three cases were among the worst chronic, played out ones I ever had. These were the desperate ones. They had exhausted the whole list of medical science and humbugs—and the poor Pad had to come in and be put up as a target for the doctors to shoot at. The first was a case of thirty-four years' standing, notoriously well known. Because the Pad did not cure inside of three weeks the doctors were heralding it all over town. But when it did cure no one ever heard from them a word of credit or praise given the Pad. The next was a case of twenty-five years' standing; there was but one slight chill after wearing the Pad. Also George Krenning. In his case, as in all others, there was plenty of ridicule. In his case, I said to him, "No cure, no pay." In five days he acknowledged himself well; in thirty days he gave me his testimonial, and is now at Fort Recovery, Ohio, selling Pads for a living. So with John C. Preston—a case of liver and stomach disease, pain in side and liver, constipation, diarrhœa, headache; inside of ten days he was well, after being ill for over eighteen years. Dr. Bissell, of Cincinnati, who had suffered a thousand deaths with neuralgia in the stomach for over eight years, was permanently cured inside of two weeks. P. A. Moffett, of heart disease, malaria. Col. Thornton, assistant postmaster, Cincinnati, S. V. Curtis, banker, of Middleton, a very old case of malaria and biliousness, who had spent a small fortune to be cured and was never aided until he used the pad. Thus it was that one after another, remarkable cures, covering nearly every form of disease, and including almost every kind of blood poison, came about; also the diseases peculiar to women and children, were being duly reported from every part of the land, until this little common-sense doctor has assumed a history of gigantic proportions. Important depots and consultation rooms free of charge are now to be found, not only in nearly all the important cities of this country, but also in the Canadas and portions of Europe. They have also found their way in lesser proportions to Asia, West Liberia, South America, Mexico, the Bahamas, etc. One of the remarkable facts connected with this treatment is that it seldom fails to cure where instructions are literally followed, except in cases where the coatings of the stomach are destroyed by the use of powerful medicines, or where the short ribs lay over the pit of the stomach—the result of tight lacing. In the language of another, I believe there is no disease that can be kept in subjection and modified by the use of medicine, but what can be acted upon in a far more satisfactory manner by the Holman Pad and the auxiliaries, our medicinal plasters and medicated salt water foot-baths used with it. I believe there is no disease that medicine will cure but what can be cured more promptly and effectually by this treatment. I do know that times without number diseases universally acknowledged to be beyond the reach of medicine, have melted away under the action of these remedies; and the work was done so quietly and with so little inconvenience to the

patient, that in many cases the pain was gone ere he was aware. More than a quarter of a million earnest, intelligent living witnesses bear testimony to the truth of these statements. The experiences that have come under my own observation of the wonderful cures which I hear continually from the lips of grateful patients, have made it for me a work that transcends every other consideration. Money could not buy me to aid in suppressing it. Think for one moment what the Holman Pad will do for the spleen.

PHYSICIANS ONE AND ALL

will tell you that it is next to impossible to cure a chronic case of enlargement of the spleen—usually called ague cake. By the application of the Pad, the power to correct the disturbance of this organ will be understood and appreciated, when I say to you that it will begin to remove the enlargement, or ague cake almost as soon as applied. An ague cake under the pad is like the ice cake before the sun's rays. I have had repeated cases of this trouble, or disease, of from a few months to twenty-three years' standing. Thus far I have never known a failure to cure within from two to four weeks. This may seem hard for you to believe. Ocular demonstrations will bear me out in these statements.

Permit me to call your attention to its antidotal and preventive power. As a preventive and cure, the pad is worth many times its weight in gold: it is impossible to compute the value of a discovery which, without medicine, may be relied on to prevent the most dangerous maladies. The HOLMAN PAD will prevent Yellow, Chagres, Typhoid, Remittent, Bilious Congestive, and all kinds of Fever. This has been tested and proven in so many cases, that we state it positively, and without qualification. It will prevent summer complaints by keeping the bowels regular; it will prevent dyspepsia by absorbing all poisons and arousing nervous action in the stomach and liver. It will prevent and cure heart disease (other than organic). It is seldom we meet with other than functional sympathetic heart disease, which proceeds from stomach derangement.

IT HAS BEEN DEMONSTRATED

beyond the possibility of a doubt, that it will prevent chronic internal rheumatism and neuralgia. The same may be said of sick headaches, also spinal diseases and nervous prostration. These are directly traceable to a great nerve centre that pervades the digestive organs over the pit of the stomach. This is the battery that communicates quicker than thought to every part of the system any disturbance of the stomach. Disease there means nerve prostration, inaction, inflammation, obstructions. Hence, pain and suffering indescribable. These feelings are, of course, intensified in proportion to mental strain or undue excitement. Also in proportion to the amount of poisonous substances which are absorbed into the blood that poison the brain nerves, muscles, tissues and organs, and cause nervousness, dizziness, general debility, gout, neuralgia, rheumatism, paralysis, and death. The Pad, and our Plasters, and Medicated Foot-Baths, will do more for you in curing these than all the World's treatment combined. In the name of humanity, try them. But you are ready to say—you are asking too

much for it to say it will cure and prevent all these. Not so. If it be true these diseases all come, as I claim, from the same cause, and I will give ample proof that they do, then, if the pad cures or prevents in one, it must of necessity in the whole. And this it does. Oh! would that the doctors, for humanity's sake, who hold in their hands the lives of so many millions, understood better the fundamental cause, and acted upon it, instead of treating all specifically. Not to treat disease by first finding the cause reminds me of once drinking from a small brook a cup of water that tasted putrid. I sought the cause by first rinsing out my cup. The taste was still the same. I followed the stream some distance, and found a putrid hog lying in it. I need not tell you that bailing the water would not have made it less offensive, so long as the cause remained. You are, no doubt, ready to ask, "What is the principle by which the Pad acts?" The Holman Pad is made of a number of harmless vegetable compounds, such as have been found to be an antidote to diseases in the human system, and contains just the tonic required for the system. It does its work without any internal medicine, and is two-fold (distinct) in its action. The principle is absorption—Nature's law. A tonic is thrown into the system by the way of circulation, and exactly where needed, over the liver and stomach and centre of the nervous system, which pervades the digestive organs. Another property it has, which is to absorb from the system all bilious, malarious and medicinal poisons into the Pad. If there is any disease in the system, it immediately sets about its work. The question would naturally be asked, how is this possible? It is a fact established beyond controversy, that the human body, when at sea, can exist no inconsiderable length of time without food or drink, by occasionally wetting the garments with *salt water* and that thirst *can almost* entirely be satisfied in this manner. Again, if a plaster of wet tobacco be placed for a few minutes only over the pit of the stomach, it will produce deathly sickness. No person would be safe in trying the experiment for thirty minutes even, for the poison of the tobacco will have entered the circulation by absorption. Poultices and blisters are used to draw or absorb diseases to the surface.

Every person knows the danger of rubbing or placing certain poisons on the surface of the body. That in a few moments the entire system could be poisoned unto death. A blister and a poison can both be applied on the same spot, and at the same time, neither being an impediment to the other, showing beyond a question, that the body receives and throws off at the same time.

This method of curing disease, rather than drugging the stomach is so well understood in England that a committee appointed by the Royal Medical Society to investigate the subject reported as follows: "The activity of nearly every substance that can be used is three, if not four times greater, if given by the skin than if swallowed." Let us understand the reason of this. In the skin, and under the skin, and penetrating through all the tissues, and of all the organs of the body, in many places forming a complete net-work are fine ducts and small glands called lymphatics. These are the chief absorbents of the body, although absorption takes place by the blood vessels also. It is because of the lymphatics extending from the skin to every organ and

every part, that a raw piercing wind or damp atmosphere pierces through us. And this is also why the touch of deleterious matter makes us sick, and contact with poison may cost us our lives. *For this same reason the proper remedies placed upon the surface, have power to remove diseases.* If we would heal sickness, we must make use of those natural outlets—the million little paths God has provided through which evils may be expelled, and good may come to us. Before concluding my lecture, I again return to the causes of other diseases not yet mentioned, such as catarrh, bronchitis, throat, lung difficulties, etc. The formation of gas and acids in the stomach and intestines, caused by indigestion, produce great irritation of the mucous membrane lining these organs, which often extends upwards to the membranous lining of the cavity of the throat, causing inflammation and irritable sore throat; also to the cavity of the nose, causing the irritations and secretions called the catarrh; also to the membrane lining the air tubes to the lungs, causing bronchitis, chronic inflammation and ulceration of the throat. Chronic catarrh, etc., originate *in* and are sustained *by* chronic irritation of the lining membrane of the stomach, and by blood poison. The *Holman Pad* will begin to remove the trouble as soon as applied. In cases of malaria in every form, I make this bold declaration, that I doubt if there is a case in existence that the Holman Pads will not cure. I use Pads in the plural sense. It is understood that it be adjusted and worn according to directions. If you will give the Pad and our Plasters and Medicated Salt Foot Baths, that are frequently used, one quarter the patience and fairness you give any other treatment and will drop everything else and rely entirely on them, they will bring you the blessing of health, that it has seldom been your privilege to enjoy, provided your stomach is not entirely worn out and destroyed by the use and abuse of medicines. After you are once cured, if you will secure a second Pad, and in the spring time when all nature is undergoing a change, would wear it, say two weeks, and also at any time, for a few days, when you feel any symptoms of biliousness, and ten days in each malarial month, as a preventive, you will find one Pad keeping you in health a whole year—therefore making the Holman Pad the cheapest, the pleasantest, and most convenient, the surest and most satisfactory curative, preventive, and thorough system regulator in the world. Of all this you can rest assured.

It can with truth be said, that on the American continent south of latitude forty-seven, not one person in five has a sound liver and stomach. And it is my fixed purpose, if my life, strength and talents are spared me, never to cease my labours in behalf of this blessed boon until every man, woman and child has heard of the Holman Liver Pad. To those of you who are old enough, and free to act for yourselves, if, after all that has been said, you choose to treat the subject indifferently, preferring to suffer rather than yield your prejudice, then let me appeal to you, in the name of humanity, to save your children; for I have drunk to the very dregs all that it means to see a household blighted with sickness, and have on the other hand seen the joy, peace and happiness that good health brings us.

Facts are stubborn things, meet them as we may. A word to mothers and I am done. I quote the language of Mrs Dr. Carter, of

Philadelphia, who is a *mother* and *physician;* "It is now not uncommon to put apparently well children in the care of a physician, that their systems may be kept in such a state that they may be in no danger of contracting the scourge of the nursery—scarlet fever. But to do this by medicine is itself reprehensible. The Pad will prevent this disease, being at the same time a scource of good and no injury. And these are not mere idle words, or, what would be yet worse, false utterances; they have been proved repeatedly by actual experiment. The Pad has been placed upon one member of a family in which all were equally liable to infection, except for its protection, and this one wearing the Pad would be the only one not stricken down by the contagion. The Holman Pad should commend itself to every mother in the land. And that other disease that adds yearly to the little graves in the cemeteries of every village, town and city in the country —cholera infantum—for the curing of which our physicians have got on no further than the baneful drug called opium, which lays the little innocent head to a fevered sleep, and leads only in thousands of cases to a premature death. You cannot safely give the baby strong medicine of any kind, and carelessness or ignorance in this particulur is little short of criminal, for the result, though unintentional and deeply regretted, is child murder. Lay the Pad upon the stomach of the teething infant upon the first indication of any derangement of that organ. It will draw the fever from the brain, draw the pain from the little writhing body, and regulate the bowels, just as rapidly as it can be done with safety, and more promptly than any medicine you could dare to give. Drugging is most pernicious to a child. Opiates are injurious. They only suspend pain, but do not remove it or its cause. The medical faculty are wrong in using them thus frequently and largely. Do you think I am urging these facts upon you too strongly? By the love I bear my own, which thus far heaven has spared me, not for one million dollars would I be guilty of misleading you I tell you and if these were the last words I should ever utter they would still be the same, that for children of any age this is the one treatment that should and will supersede every other. For the sake then, of the little ones confided to your care, which must needs be unceasingly watchful, give this matter your immediate, candid and most serious attention." "In conclusion my words to you are, learn to be your own doctor, *practising under the diploma of the* FACULTY OF COMMON SENSE."

CAUTION TO THE PUBLIC.

The unprecedented and well-merited success of the **HOLMAN LIVER PAD CO.'S REMEDIES** has induced unscrupulous parties to imitate and manufacture them. All these imitations and counterfeits are worthless. To avoid imposition buy none but those having the name **ALEXANDER HOTMAN, Proprietor,** on the outside of each Box and Cover.

TESTIMONIALS.

ENDORSEMENT EXTRAORDINARY!

799 Tremont Street, Boston, Mass., Oct 6th, 1869.

ALEX. NOTMAN:

Dear Sir,—In reply to your enquiry as to my opinion and experience of the HOLMAN LIVER PAD and its auxiliaries, I have much pleasure in stating that though I applied them without any faith in their efficacy or belief in the principles of absorptive treatment, for the attack of nervous prostration, partial paralysis and a-tonic dyspepsia, from which I had been suffering for the past two years, I can now thank God, declare that it has resulted in the ENTIRE removal of the symptoms. I had tried every system of treatment—Allopathic, Homœqathic, and Eclectic, Crude Electricity and Turkish Bath—for the whole of the two years, but without effect. Persuaded, much against my will, to try the Pad and Plaster, I put them on, and in two days found that the paralysis of the nerves and muscles was conquered, the entire nervous system gradually toned up, and now, at the present moment, six months from the day of application, I AM FREE FROM any symptoms of nervous debility or dyspeptic tendency. In my professional practice as a physician, in private life, and among my personal friends, I shall esteem it my bounden duty and my highest privilege, as an act of gratitude, to counsel and enforce the adoption of the Holman Pad, Plaster and Absorption Salts as the best, only reliable, and effectual remedial agency for every disease having for its origin the stomach, liver, brain, or great nerve centres.

Yours faithfully,

FRED. J. GARBIT, M.D., Ph. D.

Graduate of London University, Eng., 1858; Dean and Registrar Boston Medical College of Specialists; Professor of Medico-Legal Jurisprudence, and Lecturer on Diseases of Women and Children.

Toronto, 19th February, 1879.

HOLMAN LIVER PAD CO:

Genteemen,—I have much pleasure in testifying to the extreme efficacy of your remedy for Dyspepsia. My mother, Mrs. W. A. Murray, No. 146 Wellington Street, had been a martyr to the sufferings induced by this malady for upwords of six years, obtaining but short temporary relief from the usual remedies so often had recourse to in these cases. After considerable persuasion she consented to wear one of your Liver Pad, and notwithstanding her want of faith in it, she experienced considerable relief in the course of a few weeks. Since then she has used a second one, and now claims for your Pads the entire credit of having brought about a cure beyond expectation, for which not only does she feel deeply indebted to you, but I myself must congratulate and thank you for a cure I could bu at the most have hoped for.

Yours most respectfully,

C. STUART MURRAY, M.D., L.R.C.P., &c.

GANANOQUE, ONT., Nov. 6, 1877.

HOLMAN LIVER PAD CO.:

DEAR SIRS,—After wearing the Pad for two weeks I feel like another man. It is now four weeks since I put it on, and I am now enjoying good health. I shall with pleasure recommend Holman's Pad to all parties suffering from Liver complaints, etc.

Yours respectfully, REV. WM. J. JOLIFFE,
M. Minister.

DUNGANNON, ONT., Jan. 14th, 1878.

HOLMAN LIVER PAD CO.:

GENTLEMEN,—Please find enclosed $4.05 for special Pad, two Back Plasters and 25 cts. we are owing you. Please send the Pad as soon as you can. The Pad has done me immense good, I am glad I got it. A friend told me the other day he set the highest value upon his.

Yours truly, REV. JAMES CASWELL.

FENELON FALLS, ONT., 26th April, 1878.

HOLMAN LIVER PAD CO.:

GENTLEMEN,—With feelings of gratitude and pleasure I add my testimonial to the many you have already received, as to the wonderful effects produced by your valuable Liver Pad. I commenced wearing the Pad five weeks ago. Previous to that time I suffered from indigestion, bilious headaches and diarrhœa. When I had worn the Pad two weeks my health began to improve. My general health is now good, and I consider myself cured. Inclosed you will find seven dollars for two special Pads, one for my wife and the other for a friend, my wife is suffering from Torpid Liver and constipation, the other from Dyspepsia.

Yours, etc., REV. WM. LOCHEAD.

ST. MARY'S, ONT., Jan. 11th, 1879.

HOLMAN LIVER PAD CO.:

DEAR SIRS,—I have now much pleasure in stating that since I began to wear the Holman Liver Pad (about one year ago) I have enjoyed good health, although for several years previous I was a sufferer from biliousness and Torpid Liver. I earnestly recommend all bilious persons to give the Pad a trial as I have known many to have done so with the most gratifying results.

Yours truly, REV. J. G. CALDER.

TRENTON, ONT., Jan. 23rd, 1879.

A. NOTMAN, HOLMAN LIVER PAD CO.:

DEAR SIRS,—I shall ever remain a strong advocate of the Holman Pad. Its effect on me has been truly wonderful, since the third day after putting it on I have been as well as ever in my life. It seemed to arrest my trouble at once.

I have not worn it now for about two months and the symptoms have not as yet returned. I expect to keep a Holman Liver Pad in my possession as long as I live.

With sincere regards, yours, etc., REV. D. O. CROSSLEY.

Tiverton, August 23rd, 1879.

HOLMAN LIVER PAD CO.,

Gentlemen,—Your kind favor of 12th inst., to hand, with Liver Pad, which I applied on 18th, and am happy to say, it acts already splendidly on Liver and Stomach, and according to your advice, send you herein 50 cents for an Absorptive Plaster, for the chest. If it acts on the Lungs, as well as the Pad on the Liver, my prospects of a speedy cure would be good. Thanks, for promptness.

Yours sincerely, REV. ALEX. WARREN,

Erin, Ont., Nov. 11, 1879.

HOLMAN LIVER PAD CO.,

Dear Sirs,—For nearly three years I was troubled with my stomach and a torpid liver. I was almost constantly using medicine of various kinds, but received no permanent benefit whatever. After reading Dr. Fairchild's lecture in March last, I procured a Holman Liver Pad from Toronto. I found it beneficial at once, and have not taken any medicine since. I now have good health, and have no hesitancy in recommending it to *all* who may be similarly afflicted.

REV. D. ROGERS, Methodist Minister.

Lachine, Quebec, P. Q., July 12th, 1877.

HOLMAN LIVER PAD CO.

Dear Sirs,—I, the undersigned, having been troubled with Dyspepsia for a number of years back, I have tried different prescriptions from several eminent physicians, but without obtaining much perceptible relief; about one month ago I commenced the application of Holman's Liver Pad, and am happy to say that since then I do feel a great relief, and that I can now digest a few articles of food which I did not dare touch before.

——— O. P. ROBERTS,

Union Mutual Life Insurance Company Agency, at

Montreal, Quebec, July 25th, 1877.

HOLMAN LIVER PAD CO.,

Gents,—I feel it my duty to give you the result of the Holman Liver Pad which I bought of you about a month ago. I have been troubled with severe dyspepsia and indigestion accompanied with sharp pain in region of the kidneys for about a year, and it finally became so troublesome that I could eat nothing without great suffering. I had tried most of the popular medicines of the day, but with only temporary relief. I bought the Pad with little or no faith in it, but I am happy to say it has I believe ENTIRELY CURED me after wearing it 28 days, so that I can once more eat anything without feeling any ill effects. It is worn without any inconvenience and cannot be too strongly recommended. Yours truly,

——— N. P. HARRINGTON.

Halifax, N. S., November 27, 1877.

HOLMAN LIVER PAD CO.,

Gentlemen,—I have used one of your Pads, and with pleasure bear testimony to its efficacy. I can heartily recommend it to all persons afflicted either with dyspepsia or liver complaint, feeling that it will, as in my case, effect a cure.

Yours truly, EDWARD M. COLFORD, Tobaccost, 121 Hollis St.

BURLINGTON, ONT., July 30th, 1877.

HOLMAN LIVER PAD CO.:

DEAR SIR,—With pleasure I communicate to you the benefit I have received in the use of your Fever and Ague and Liver Pad. From the first day I put it on the pain left me, and I now feel comfortable; it also acted on my bowels like a charm, and I feel thankful to my Heavenly Father that my attention was directed to it, and also to you. I have certainly become your missionary for your Pad and Plasters. Please find enclosed three dollars for Pad and Plasters, and address them to Mrs. Hoggarth, Ingersoll, Ont. Yours truly, JAMES C. BENT.

MONTREAL, QUEBEC, September 12th, 1877.

HOLMAN LIVER PAD CO.,

DEAR SIRS,—I am happy to relate to you the benefit I have received from your Pad, bought about one month ago. The pain I was troubled with is entirely gone, and my stomach is now in a perfect healthy condition. The Pad has given me strength and removed the depressed feeling from which I was long suffering, thus making life a pleasure in place of a drag. My health was never better than it is at present, therefore cheerfully I recommend Holman's Liver Pad to the suffering humanity, for it is worth more than its weight in gold.

Yours respectfully, J. J. HANNAN,
303 Notre Dame St., Montreal.

MONTREAL, QUE., 20th October, 1877.

HOLMAN LIVER PAD CO.;

GENTLEMEN,—I have worn one of your Liver Pads for about 20 days and it has completely cured me of a very bad attack of dyspepsia. After being once used, the Pad speaks for itself and is a genuine cure for the worst case of dyspepsia. I heartily recommend it to all my friends suffering from the above.

Respectfully yours, D. M. BAIRD, 210 St. James Street.

HALIFAX, N. S., Nov. 14th, 1877.

HOLMAN LIVER PAD CO.,

GENTLEMEN,—I wish to state to you what the Holman Liver Pad and Plaster which I bought from you, have done for me. I suffered several years all the horrors of indigestion and dyspepsia, with weak back and severe pain in the region of the kidneys, and though I had tried nearly all the many medicines advertised, for my trouble I got little or no relief and rapidly grew worse, until I was finally discouraged and decided that I must give up my situation as I could not do the work required of me. Luckily for me I saw a notice of your Pad. I wrote and bought one, though I must say with very little faith, feeling that it was probably another humbug. I have worn it only about two weeks and I can truly and thankfully say that I think I am permanently and effectually cured. My strength has returned, my pains are all gone, my appetite is good and I can eat anything I wish to without its hurting me, in short I feel like a new man; the change is simply wonderful, and my friends are all congratulating me upon my improved appearance. Too much praise cannot be given to the Pad, the "little common sense doctor." THOS. LITTLE, 49 Garrick St.

DRUMMONDVILLE, ONT., Nov. 2nd, 1877.

HOLMAN LIVER PAD CO.

This is to certify that I have used one of Holman's Fever and Ague and Liver Pads, and have derived great benefit from the same, and would most cheerfully recommend to all who are suffering from dyspepsia or any such cause to procure one at once,

Yours respectfully, EDWARD BROWN,
[Drummondville, Niagara Falls, Ont.

HALIFAX, N. S., Nov. 22nd, 1877.

HOLMAN LIVER PAD CO.,

GENTS,—It affords me much pleasure to inform you of the benefit received from the use of your Pad. For more than ten years I have been suffering from dyspepsia. Some time ago I was induced to try a Pad after vainly taking most of the so-called remedies, and after one week's use I found myself much benefiitted. I continued wearing it, and at the end of three weeks found myself entirely cured. No one suffering from dyspepsia should be without one. Yours truly,

G. M. STREETER,
Agent N. Y. Singer Sewing Machine Co., 174 Grenville St.

HALIFAX, N. S., Dec. 7th, 1877.

HOLMAN LIVER PAD CO.,

GENTLEMEN,—I am certainly glad to be able to inform you that the Pad I purchased has completely cured me of my dyspepsia and indigestion, from which I suffered so long. I heartily advise every sufferer to get one, for their effects are wonderful.

Yours truly,
JOHN LANGILL, Stone-cutter, 19 William St.

AUBURN, ONT., Dec. 27th, 1877.

LIVER PAD CO.:

GENTLEMEN,—I have not worn your Pad for nearly three months and although I sometimes feel the pains in my shoulders, yet I must say that I never took medicine that did me so much good for that kind of rheumatism. I will therefore give you a list of parties in this neighborhood to whom the Pad would be a benefit by sending them circulars, etc., you will oblige

Yours, etc., JAMES DOBIN.

HALIFAX, N. S., 27th December, 1877.

HOLMAN LIVER PAD CO.,

GENTLEMEN,—I have been troubled four or five years with diseases of the Liver, accompanied by severe dyspepsia and pain in the region of the heart, with great prostration. About seven weeks ago I bought a Holman Pad, which gave me relief from the very first, and I am happy to say I am now I believe entirely cured, so that I am about my work as usual and can eat any kind of food (even to cold cabbage), without distressing me at all. I can gladly recommend the Pad to any person.

Yours respectfully,
MRS. ELIZABETH KELLY, 180 Grafton St.

Halifax, N. S., December 13th, 1877.

HOLMAN LIVER PAD CO.,

Gentlemen,—I have used one of your Liver Pads myself and recommend them to my friends, and I can truly say their effects are simply astonishing. I would heartily advise any person suffering from dyspepsia or indigestion to have one.

Yours truly, R. BAXTER, Furniture Dealer, 11 Prince St.

Halifax, N. S., 20th Dec., 1877.

HOLMAN LIVER PAD CO.,

Gentlemen,—I have suffered from Liver trouble for a number of years. About six weeks ago, I obtained from you a Holman Pad and Plaster, and I am happy to say that it has given me great relief so that I am now about my business as usual. I would strongly advise every like sufferers to have one. Yours truly, JAMES BARBER, Lobster Packer.

Bowmanville, Ont., Feb. 25th, 1878.

HOLMAN LIVER PAD CO.:

Sirs,—I have suffered for many years with severe attacks of Bilious Colic with constipation, and pain in my back and side. I sent for one of your Liver Pads a short time ago, which removed the constipation, and pain in back and side; after wearing the Pad fourteen days I was taken with numbness in my limbs, cold extremities, and a fullnsss and dizziness in my head. Does the pad cause the numbness? Please give me your advice on the subject which will be thankfully received.

Yours respectfully, HENRY MANN.

Walkerton, Ont., March 18th, 1878.

HOLMAN LIVER PAD CO.:

Gents,—As far as I am personally concerned your Pad has done a great deal for me, before I used it I was dreadfully troubled with Constipation and Headaches, since I have worn it, which has been six weeks, I have only had two slight headaches and my bowels are regular. It seems wonderful, for which I thank the Lord, and you as the instrument.

Yours truly, J. HIGGINBOTHAM.

Strathroy, Ont., March 20th, 1878.

HOLMAN LIVER PAD CO.:

Dear Sirs,—Having used a Holman Liver Pad, for some time, I take pleasure in stating that I have found great benefit from it, and believe it to be an excellent invention. D. A. MAXWELL,

——— Principal Public Schools.

Strathroy, Ont., 20th March, 1878.

HOLMAN LIVER PAD CO.:

Dear Sirs,—I have been suffering dreadfully for upwards of three years with Liver Complaint and a complication of diseases, and during that time have taken a great quantity of medicine without any permanent benefit, but having worn one of Holman's Liver and Ague Pads since the 24th January, I consider it has been worth its weight in gold to me. I therefore have much pleasure in recommending it to others similarly afflicted.

P. H. STONE.

DONEGANA HOTEL, MONTREAL, QUEBEC, 21st March, 1878.

HOLMAN LIVER PAD CO.

GENTS,—It is with pleasure I now express the great benefit I have received from your Pad. My trouble was dyspepsia and constipation. I tried doctors and physic, but without success; in fact, they and it only aggravated my disease. Now I can positively say I am cured and never had better health in my life. All who are troubled with the above should not fail to try the "little common sense doctor," the Pad, for I am positive it will cure. Believe me, yours truly,

R. STEWART MURRAY.

Montreal, Quebec, 26th March, 1878.

HOLMAN LIVER PAD CO.,

GENTLEMEN,—I take great pleasure in recommending Holman's Pad. I was troubled with dyspepsia for the last five years; after wearing the Pad for three days I felt a great change, and now I can say I am entirely cured after wearing the Pad thirty days.

Yours truly,

FRANCIS LAPOINTE, 113 St. George St.

MONTREAL, QUEBEC, 16th April, 1878.

MR. NOTMAN, 301 Notre Dame Street.

DEAR SIR,—I have much pleasure in stating that the Holman Fever, Ague and Liver Pad I bought from you, and wore during two weeks has produced very good results. I believe it to be all that you claim, and that it has been greatly instrumental in curing me of acute and blood poisoning from which I have been suffering for some months.

Believe me, dear sir, yours gratefully, R.

ELMIRA, ONT., 23rd April, 1878.

HOLMAN LIVER PAD CO.:

GENTS,—Can you give me an Agency for the sale of your Holman Pads. I have used one, and have recommended them, they act like a charm, there is several wanted.

Yours truly, JOHN BOWMAN,
Post Master.

MONTREAL, 7th September, 1878.

HOLMAN LIVER PAD CO.;

DEAR SIRS,—You want to know the particulars of the case of diptheria in Lancaster. The lady was getting better of diptheria. When she heard of the Pad she sent to me for one, but when it arrived her doctor would not allow it to be put on her. Having it on hand she put it on one of her children, four of which she had. In less than two weeks from this time one was all she had left, the other three having taken diptheria, and all dying, the one that had the Pad on coming through unscathed, not even having any sickness of any kind; and this happened in the neighborhood where nearly whole families were swept off by the scourge. One in particular lost ten children and one of the parents, one lonely father only being left.

Yours truly, J. INGLIS.

CLIFTON, ONT,, May 20th, 1878.

HOLMAN LIVER PAD CO.:

GENTLEMEN,—Having tried one of Holman's Pads for Constipation and Torpid Liver, after being two years under medical treatment, and one year that I was compelled to use drugs every night, I find the Pad has done more for me than any other thing I have used. From the day I put on the Pad I required no medicine, and feel the most beneficial results, and find it all that is claimed for it. I heartily recommend it to all who suffer from the above complaint. JAMES C. ROSS, Clifton, Ont.

FULLARTON, ONT., Sept., 17th, 1878.

HOLMAN LIVER PAD CO.:

GENTLEMEN,—Being much troubled at times with Torpid Liver, I was induced to try your Liver Pad. I am happy to say that I have been greatly benefitted by its use for Liver Troubles. I am convinced that there is no remedy equal to it. I take pleasure in recommending it to others. Grateful for benefits received,

I am, Gentlemen, truly yours, REV. D. LAING.

LUTON, ONT., Oct. 25th, 1878.

HOLMAN LIVER PAD CO.:

GENTLEMEN,—I have worn the Pad and my health has improved considerable. After I had worn the Pad two days I felt so sick, and my nerves would shoot so that I came near taking it off. I am glad that I kept it on for I am so much better. Before I used the Pad I had the chill fever. I had to take quinine all the time, but since I have worn the Pad the chills have disappeared and I have a good appetite. I enclose two dollars and fifty cents for another Pad. W. A. RICHARDSON, Luton P. O.

FINGAL, 19th December, 1878.

TO THE HOLMAN LIVER PAD CO., Toronto:

DEAR SIRS,—I received the Liver Pad on the 12th inst., and adjusted it immediately. Much to my delight, I felt differently before night. I have constantly been pouring down medicine since 1st May last. My diseases were weakness of the stomach and a diseased liver, so much so that it was affecting the heart. I could not walk any distance, and the least excitement overcame me completely. My first physician pronounced it congestion of the heart. I grew worse and worse under his treatment, my second physician, a man that does much honour to his profession, ordered change of air and scenery, but my feeble health would not allow me to go far from home. When I heard of the Liver Pad I thought I would try it, as I was growing weaker every day. Everything I ate did distress me so much that I was like a drowning person grasping at everything that would help to bear up the fast sinking body, and I think I have taken hold of the sure remedy. I am feeling so much better that I have hopes of a permanent cure. I have just written to my husband, telling him of my discovery, saying I would not take all the wealth there is in our fair Dominion for my Liver Pad, I did not have much faith in the Pad; but, as I said before, I was trying everything that would appear good. I have a number of friends who are suffering from bad livers, and I shall highly recommend the Liver Pad to them. MRS. GEORGE WILLIAMS.

GRAND BEND, ONT., Feb. 3rd, 1879.

HOLMAN LIVER PAD CO.:

DEAR SIRS,—You will doubtless remember I called on you about the 16th ultimo, and purchased a Holman Pad for my daughter, who had been suffering from inaction of the liver and biliousness. She has worn the Pad since the 17th of last month, and I am happy to say, that it has improved her very much. She now has a good appetite and is gaining strength rapidly. Respectfully yours, JOHN DALZIEL.

GOULDING STREET, TORONTO, 5th Feb., 1879.

TO THE HOLMAN LIVER PAD COMPANY;

GENTLEMEN,—Suffering as I have been for four years, or more, with terrific pains in my head whenever I have eaten anything, and at least two days every week disabled from work, in fact my life was such a burden to me that I could hardly have stood it any longer, and after trying many doctors I was at last induced to purchase one of the Holman Liver Pads, and two hours after putting it on I thought my very head would have split, but I kept it on, the water pouring from my left eye, over which the pain was most intense. The second day I felt the pain subsiding and the taste of the Pad was quite plain in my mouth. The headaches gradually decreased. I have had the Pad on now for three weeks, this last week no headaches at all. I feel like I have never felt before in my memory, and a feeling of the very deepest gratitude for the benefit I have received, and from the expense I shall in the future be saved, bids me write this letter of thanks to the proprietors. It is needless to say I shall take every opportunity of recommending it, and shall take personal interest in endeavoring to appease suffering humanity by the very strongest recommendation of it.

J. GORDON BENNETT.

ST. ARMAND, QUE., April 1, 1879.

HOLMAN LIVER PAD CO.:

SIRS,—I have received from you this a.m., by Wright & Co., St. Johns, one Holman Liver Pad. In twelve hours it has done more for my father—who has been under the doctor's care for more than two years—than the doctors have done for him in that time. Please send me one more to-morrow night by Exp. C.O.D. to

Yours gratefully, L. G. BURNELL, Agt C.V.R.

No. 22 VALIER STREET, July 15th, 1879.

HOLMAN LIVER PAD CO.

GENTLEMEN,—I have much pleasure in informing you that the Pad that I got for my child, who had suffered some five months with an eruption on her face and sore eyes, caused by teething, is entirely well. A week after the Pad had been applied she was much easier and seemed to suffer no pain, and now (three weeks since its application) could conscientiously recommend it as a safe and sure remedy to all mothers whose children are suffering similarly. I may also state that the Pad I got for myself has already vastly improved me, and I have every reason to expect a perfect and permanent cure for indigestion, &c., which I have been troubled with for some time. I remain, yours, &c., ALEX. FRASER, Jr.

St. Armand, Que., April 4, 1879.

HOLMAN LIVER PAD CO.,

Gentlemen,—My father has been a sufferer from fever and ague and liver complaint for the last two years, and in that time has been under the care of the best physicians, but to no purpose. I read Dr. Fairchild's lecture in the Montreal *Daily Star*, and decided to try one of your Pads. The result was that in twelve hours after applying the Pad the pains in his side and head ceased, and so far he has not felt any symptoms of the ague, and at the present writing (the Pad having been in use three days) he is fifty per cent. better than he has been for the last year.

Very gratefully yours, L. G. BURNELL.

St. Armand, Que., June 18, 1879.

HOLMAN LIVER PAD CO., Toronto.

Gents,—Not long since I was induce to try one of your Liver Pads for my wife, who has been ill for several years with a complication of diseases, one of which was falling of the womb. She has worn one a month, and she is now better than she has been for years.

Yours truly, JULIEN BRASSEAU.

Markham, Ont., June 18, 1879.

HOLMAN LIVER PAD CO., Toronto.

Sirs,—It is with pleasure I express the great benefit I have received from the Holman Liver Pad I bought from you. For upwards of two years I have been a great sufferer from general debility of the system, with pain in the side and back, palpitation of the heart, with severe pains around the heart. I have taken a great deal of medicine from different physicians (among others R. V. Pierce, of Buffalo, N.Y.), but without receiving any very great benefit. I commenced the use of the Pad on the 12th of May, and since then the palpitation of the heart has entirely ceased. I am very seldom troubled with any pain, and can do my work and walk a good distance with ease, whereas before I could not. I am now using the second one I got from you, and can recommend the Holman Pad to any one suffering as I have, knowing it has been of great benefit to me.

Yours respectfully, MRS. JOHN B. ORMEROD.

Buttonville, July 18, 1879.

Holman Liver Pad Co.,

Dear Sirs,—In looking over the Markham *Economist* I saw the Holman Liver Pad highly recommended by respectable persons for curing people without medicine, and as I have been troubled with bilious disorder for a number of years I thought I would try one, and I am happy to state that I have found great benefit from the one I purchased from you. My appetite has improved very much since I have worn the Liver Pad.

——— WM. PADGET, Sr.

Victoria Square, July 18, 1879.

Holman Liver Pad Co.,

Sirs,—I have worn one of your Liver Pads for a sick headache and constipation, and a complication of diseases, and have derived more benefit from one Pad than years of dosing in medicine.

Yours truly, HENRY WHITE.

MARKHAM, July 18, 1879.

Holman Liver Pad Co.:

DEAR SIRS,—Having used Holman's Liver Pad for some time, I have found a great benefit from it, and believe it to be an excellent invention.

Yours truly, MRS. JOSEPH RAYMER.

MARKHAM, July 18, 1879.

Holman Liver Pad Co.,

SIRS,—I have suffered from indigestion and rheumatism for a number of years. About six months ago I obtained from you a Holman Pad and Plasters, and I am happy to say that it has given me great relief. I would strongly advise every like sufferer to get one at once.

Yours truly, LUCY HUNTER.

MARKHAM, July 19, 1879.

Holman Liver Pad Co.

DEAR SIRS,—I have worn one of your Liver Pads for about thirty days, and it has completely cured me of a very bad attack of dyspepsia. After once used the Pad speaks for itself, and is a genuine cure for the worst case of dyspepsia. I hearily recommend it to all my friends suffering from the above.

D. REAMOND.

MARKHAM, July 19, 1879.

Holman Liver Pad Co.,

DEAR SIRS,—I take great pleasure in recommending Holman's Stomach and Liver Pad. I was troubled with dyspepsia for five years. After wearing the Pad for ten days I felt a great change, and now I can say I am entirely cured after wearing the Pad thirty days.

Yours truly, MRS. WILLIAM McCAULEY.

DERBY, Alvanley P. O,, Co. of Grey. Aug. 24. 1879.

Holman Liver Pad Co.,

DEAR SIRS,—Last March I met with an accident, and broke my thigh-bone, causing me to be confined to my bed for the last four months. During that time I suffered severely from affection of the Liver, Stomach, and Kidneys, not being able to retain anything on my stomach and suffering great pain, so much so that it baffled medical aid. My life was despaired of, and my friends thought that I never would be up again. My husband was induced to purchase a Holman Liver Pad for me from your agent, Mr. R. Wigh n an, Druggist, Owen Sound, and I now claim for your Pad the entire credit of having brought about a cure beyond expectation. I am convinced that there is no remedy equal to it for Stomach, Liver and Kidney affections, and take great pleasure in recommending it to others. My family and myself feel very grateful for the benefit I have received from your Pad.

MRS. JANE DESELL.

QUEBEC, Nov. 30th, 1879.

Holman Liver Pad Co.

DEAR SIRS,—It is with great pleasure I inform you that your Holman Pad has effectually cured a severe attack of Dysentery, from which I suffered for some months.

J. C. MURRAY.

MARKHAM, August 19th, 1879.

Holman Liver Pad Co.,

GENTLEMEN,—I have been troubled with Bilious and Remittent Fever, and Palpitation of the Heart for seven years; I spent hundreds of dollars to doctors and going to the sea side; nothing gave me a cure until I bought a Holman Pad. Now I can say I have first-class health. The Holman Pad has been worth its weight in gold to me.

Yours truly, ANDREW WIDEMAN.

TORONTO, 25th Sept., 1879.

Holman Liver Pad Co.

GENTLEMEN,—This is to certify that my child, 5 years old, was affected with fever and ague for about three months, her system being very much reduced. After having tried several remedies I was induced to try the Holman Pad. It had only been applied twenty-four hours when the fever subsided, and has not since returned, and I have no hesitation in saying it did its work effectually. The child is now going to school and is well.

Yours truly, R. CUTHBERTSON, 133 Sumach street, Toronto.

CAYUGA, Ont., Oct. 27, 1879.

Holman Liver Pad Co.,

DEAR SIRS,—I must say I am astonished at the good results of your Pad. I have been able to do more work than I have since the disease first prostrated me, and have gained ten pounds in weight. I can certainly say it is the best relief for Dyspepsia I have ever tried, and I will take great pleasure in recommending it to all suffering from disease.

Yours truly, R. H. WINRAM.

WALKERTON, Ont., Oct 27, 1879.

Holman Liver Pad Co.,

DEAR SIR,—Please send to my address per express, C. O. D. one more Liver Pad for a lady here, who is suffering very much from Liver Complaint. I have mine on five days now, and feel like a different man altogether. I have not had any pains since I put it on. and am not only surprised at the wonderful cure, but thankful for the same. Money could not buy it from me if I could not get another. I have felt like a new man ever since, with the exception of a slight headache to day, which I blame myself for, for I eat too much; my appetite is so great that I dare not eat near what I could. Yours faithfully, JOHN C. APPEL, Merchant.

WHITEVALE, Ont., January 7th, 1880.

Holman Liver Pad Co.,

DEAR SIRS,—Having been much troubled with Liver and Stomach complaint for a number of years, with a great deal of pain in the stomach. I HAD FOUR DIFFERENT DOCTORS attending me at my house without much benefit. I made up my mind to try one of your Holman Pads and I can now say I am glad I bought one of you. I have not had a sick spell since I have worn the Pad and Plasters. I can heartily recommend the Pad and Plasters, and would also advise every one that is troubled with the Liver or Stomach to try a Pad as it is ahead of all the medicine I have ever taken. Yours truly, MRS. WILLIAM TURNER.

MARKHAM, Ont., Dec 3, 1879.

To the Holman Pad Co.,

SIRS,— I have much pleasure in stating that the Holman Liver and Stomach Pad I bought from you has produced good results. I believe it to be all that you claim, and that it has been greatly instrumental in curing me of liver and stomach complaint and blood poisoning, from which I have been suffering for some years. I can heartily recommend the Holman Pad. MRS. JOSEPHUS H. REESOR.

MARKHAM, Ont.. Dec. 19, 1879.

Holman Liver Pad Co.,

DEAR SIRS,—I have been troubled with liver complaint for a number of years; I have taken medicine for eighteen years more or less ; I am happy to say the Pad I purchased has done me a great deal of good. I can heartily recommend the Holman Liver and Stomach Pad. J. RAYMER.

MARKHAM, Dec. 22, 1879.

Holman Liver Pad Co.,

SIRS,—Having been suffering for twenty years with dyspepsia and weak back, having taken a great deal of medicine during that time without receiving much benefit, I commenced the use of the Holman Pad and Plasters on the 1st of October. I can say it has done me a great deal of good. I can heartily recommend the Holman Pad and Plasters. I would also advise every person troubled with dyspepsia to get one at once, as the Pad is all it claims to be. Yours truly, MRS. JAMES BOYD.

SECOND TESTIMONIAL.

ST. MARY'S, ONT., May 21st, 1878.

HOLMAN LIVER PAD CO., 301 Notre Dame Street, Montreal;

GENTLEMEN,—Having for several years been a sufferer from biliousness, and having tried a great many kinds of medicines, all of which failed even to relieve me, I was induced by a friend to procure one of Holman's Liver Pads and wear it. I did so with gratifying results. I have worn it for over two months, and feel a different man. I have no doubt but a second Pad will effect a permanent cure. I have advised others to procure and wear a Pad, all of whom are satisfied with its results. It is a pity that the Pad is not for sale in every town and city in the Dominion, instead of having to order a Pad when needed, and wait until it comes. Were they kept on hand in drug stores more would be sold. I am advising every bilious person with whom I come in contact with to do so as I have done.

Yours truly, REV. JAMES G. CALDER,

SPARTA, Oct. 24th, 1879.

Holman Liver Pad Co., Toronto.

GENTLEMEN,—Find enclosed $2.50, for which please send a Liver Pad and one of your Plasters to Rev. D. Laing, Sparta, Ont.

This is the third Pad I have gotten. I am thankful to be able to say that by its use I enjoy perfect health. I take pleasure in recommending it to others. I want one of your Plasters to apply across the kidneys. I may be permitted to further add, that I have induced several to try your Liver Pad and have never known a case where it has not proved beneficial.

I am, Gentlemen, Yours respectfully, REV. D. LAING.

THE PREVENTIVE AND ANTIDOTAL POWER

OF THE

Holman Ague & Liver Pad

As a preventive of any disease that attacks the vitals, the Pad is worth many times its weight in gold. It is impossible to compute the value of a discovery which, *without medicine*, may be absolutely relied upon to *prevent* the most dangerous maladies. Nothing is truer than the old saying, that "Prevention is better than cure."

The Pad will prevent Fever and Ague. *Worn according to directions, the most delicate system may defy malaria, and come forth as safe as the three Hebrew Children in the Old Testament story, did from the furnace of fire. This is absolutely certain, and has been proven over and over and over again.*

It will prevent Yellow Fever, Chagres Fever, Typhoid Fever, Remittent Fever, Bilious Fever, Congestive Fever, and Fevers of all kinds. *This has been tested and proven in so many instances that we state it positively and without qualification.*

It will prevent Colds, and protect weak lungs against confirmed disease. *It is better than all the chest-protectors ever made. No one was ever attacked with Diptheria while wearing the Pad.*

It will prevent Summer Complaint and keep the bowels regular, *For this purpose alone the Pad is worth many times its cost in summer, when these terrible ailments prevail.*

It will prevent Dyspepsia. *If you feel the premonitory symptoms of this hydra-headed monster coming on, don't attempt to correct them with* "Bitters," "Tonics," and "Cordials," *but put on a Pad. It is the best and safest of tonics.*

It will prevent Heart Disease. *Organic diseases of the heart are incurable. The true way to avoid contracting them is to regulate the first symptoms by wearing the Holman Pad.*

It will prevent Chronic Internal Rheumatism, and Neuralgia, often finally fatal. This has been demonstrated beyond the possibility of doubt, to the joy and gratitude of scores of sufferers, who were wise enough to apply the remedy in time.

It will prevent Sick Headaches. If the Pad is put on when the first symptoms appear, the attack will be avoided. Think of this, ye martyrs to the painful malady.

It will prevent the bad effects of changes of water and climate. Travelers who have to visit or sojourn where bad water and disease-

producing vapors prevail, may feel perfectly secure by simply putting on a Pad. There is no mistake about this.

In short, the Holman Ague and Liver Pad is the most perfect preventive of diseases affecting the vital organs that has ever been discovered; and the great feature of the treatment, and the one which renders it precious beyond estimation, as already spoken of, but cannot be too much enlarged upon. It is, that no medicine is taken into the stomach.

Wise statesmen tell us that the World is governed too much. With even greater force, it may be said that the World is doctored too much. The habit of pouring large and frequent doses of medicine into the stomach as a cure for all the diseases flesh is heir to, would be a bad one, even were those medicines always devoid of subsequent harmful effect. *But they are not.* More than one-half of the drugs that enter into an ordinary physician's prescription are either dangerously poisonous or lastingly injurious.

The habit of pouring medicines into the Stomach, in the hope of curing diseases that depend upon the Liver, is not only absurd, but wicked.

Nothing is so certain to produce Torpid Liver as continual dosing with Quinine. It temporarily excites, but finally deranges and impairs the functionary powers of this important organ. The effect of Mercury and Arsenic is to induce dropsical tendency.

Stop dosing and drugging, and use the Holman Pad!

THE HOLMAN LIVER PAD.

We do not think it extravagant to say that the Liver Pad marks the beginning of a new era in medicine. This happy combination of absorbents, acting specifically upon the Liver and Stomach, removes from the system the poisonous principle which paralyzes its action, and restores a normal condition of health in a manner that is absolutely wonderful. Time was when such a proposition could only have been accounted for upon the theory of Divine or infernal interposition; but the age of witchcraft has passed, and men now attribute results to—logical causes.

The things that are not understood are nevertheless accepted, when their value is ascertained, in full faith that the march of science will make them clear to the comprehension,

We *know* by actual experience, well attested and carefully developed that the Holman Liver Pad will do all that is claimed for it; and what we claim for it is:—It will cure Fever and Ague, Bilious Disorders, Liver Complaints, Intermittent Fever, Periodical Headaches, Dyspepsia, Ague Cake, Chill Fever, Dumb Ague, Bilious Fever, Jaundice, Neuralgia, Kidney Troubles. Irregular Action of the Heart, Rheumatism, all kinds of Female Weaknesses. Sick Headache, Lumbago, Sciatica, Pain in side, back, Stomach, Shoulders and Muscles, Bilious Colic, Bilious Diarrhœa, etc.

In this grouping together of many diseases that appear unlike each other, we know what we are talking about.

IN DISEASES OF THE LIVER AND STOMACH.

The Pad exerts a specific action upon the Liver and Stomach, and will be found beneficial in *any* of the diseases which attack these important organs.

The spleen is classed among the obscure organs of the body. Its exact office work in the physical economy is now understood. We seldom hear of the Spleen at all, except when malarial disease is present, and then it very quickly makes its presence felt. It enlarges, forming what is known as *Ague Cake*, which the patient is able to feel with the pressure of the hand. Gloomy and dyspeptic symptoms generally accompany this manifestation. The power of the Holman Pad to correct disturbances of the Spleen will be understood when we say that it will begin to remove the enlargement, or Ague Cake, almost as soon as applied.

The common forms of a Diseased Liver are Biliousness, Jaundice, Fevers, Enlargement, Dyspeptic symptoms, Dullness, Indisposition to Activity, Drowsiness, Pains in the Sides, Bones and Muscles, Rheumatism, Neuralgia, Constipation, Diarrhœa, Irregular action of the Heart, violent Headaches, Coughs, etc., etc.

So with Heart Disease. We make no pretence to do more than relieve a patient who has actual organic Disease of the Heart—(this, however, the Pad will do), but nine-tenths of what is called "Heart" Disease is, in the beginning, nothing more than a functional derangement, or sympathetic action of the Heart, growing out of a malady which is made in the Stomach. When this is the case, the Pad will do the work every time. And its use for this purpose is very important, since it is from these functional and sympathetic disturbances that permanent and incurable Heart Diseases are produced.

Rheumatism and Neuralgia are also traceable to the stomach, in most instances, particularly those forms which attack the patient internally and in the region of the vital organs. The Pad will relieve and cure such cases, as no other remedy devised by human skill ever has done. We have witnessed its effects in cases almost innumerable.

The effects of the Pad in Jaundice, Pains in the Sides and Bones, Constipation, Diarrhœa, etc., are marvellous, but at the same time rational. It does the work by correcting the operations of the Liver and Stomach, from whence these troubles spring.

Fevers that have their set and mainspring in Liver and Stomach derangements, yield quickly to this easy treatment. They belong to the great and dreadful malaria family of which the Pad is the natural enemy. Typhoid Fever, Yellow Fever, Chagres Fever, Remittent Fever, Congestive Fever, Bilious Fever, Gastric Fever, and the whole brood of lurking, life-draining maladies of the same general character, are pervented and kept away from it.

☞ TO MOTHERS. ☜

We desire to call the attention of mothers to the almost miraculous effect of the Pad, when applied to children of infant age, in arresting all stomach and bowel pains.

The effect has proved magical, and unlike internal remedies, it is

lasting in the relief given, with this additional important fact, that it never leaves the patient with any other after consequences so often experienced in the use of medicines. A mother in Philadelphia writes us, saying: "My baby was reduced by Cholera Infantum from a healthy, robust child, to that of a living skeleton, and while apparently in the last throes and agonies of life, having spasms, and given up by our doctors to die, we were induced to try the Holman Ague and Liver Pad as a last resort. It was simply an experiment, with little or no hope in its efficacy. Within four hours after it was applied all pain had ceased, and the child was sleeping the sleep of life. Within a short time thereafter, he became fully restored to a normal state of health." She adds, "So long as my life is spared me, I shall never cease telling mothers what the Pad WILL do for children.

With this knowledge, it would be nothing short of an unpardonable indifference and cruelty not to adopt this simple and convenient remedy in all the above named cases.

What grounds can there be for doubting such statements? What folly not to accept them!

WOMAN THE MOST GRATEFUL.

None seem to receive such benefit, and none show such profound gratitude and interest in promulgating the use of the Pad as women. It seems to be the only remedy peculiarly adapted to the many ills the sex is almost universally subjected to. Many very remarkable instances are constantly occurring and reported. For example, the Pad is applied for some specific trouble, such as Chills and Fever and Indigestion, or the Liver.

Besides these, they have constant and periodical sick headaches, weakness in the back or kidneys, pain in the shoulders or different parts of the body, a feeling of lassitude and despondency, bearing down pains, prolapsus or retroversion of the womb, and other difficulties connected with these organs.

Without the slightest expectation of receiving any benefit for all these symptoms, she finds, to her great surprise and delight, that within a short time after applying the Pad that ALL of these symptoms are surely yielding their hold, and continue doing so until the system is restored to a normal state of health.

Thousands of such cases are occurring.

You are ready to ask, and how is this possible? As has heretofore been explained, all these belong to the same class, and proceed from the same cause—the Liver and Stomach. The diseases were nothing more or less than the result of impure, weak, vitiated poisonous blood.

The Pad rectified the Stomach and Liver, and absorbed all the foreign properties of the blood, thus sending pure, vitalizing fluids throughout the entire system. These are no idle words, for they are susceptible of proof, and it is earnestly hoped that women everywhere, ere long will adopt the Pad (and our Plasters, which are frequently used) in lieu of the unnatural and cruel treatment otherwise resorted to.

NO BETTER EVIDENCE IS NEEDED

to satisfy the most skeptical, than to notice the *marked contrast* of the *Complexion* before and after using the Pad, in all cases of biliousness and malaria, proving it a *better Complexion beautifier than all the cosmetiques in Christendom.*

In cases of malaria in every form, we make this bold declaration, that we doubt if there is a case of malaria in existence the Holman Pads will not cure. We use Pad in the plural sense, for there are cases *so chronic and so thoroughly* impregnated with poisons, both *malarial* and *medicinal*, that they exhaust the efficacy of one Pad before the system has become thoroughly drained of its poison.

CONFIRMED INDIGESTION.

The same will occur in cases of confirmed indigestion and biliousness. Of course, we say to such, continue their use until your own good sense tells you they have done their work.

When cured, if you would procure another Pad, and in Spring time, when all nature is undergoing a change, would wear it, say two weeks; also, for a few days at any time when you feel any unpleasant symptoms of biliousness appearing, or when a cold is upon you, and ten days during each *malarial* month, as a preventive, you will find one Pad keeping you in health a whole year.

The regular sized Pad, costing two dollars and fifty cents, is quite sufficient for all ordinary cases, and for the youth and adult of both sexes; but for infants we have a Pad of appropriate size. If the complaint for which the Pad is worn is of long standing, and subjects the lower organs to serious obstructions, then, in that event, we recommend our special size, costing three dollars and fifty cents.

In unusual cases of enlarged spleen or liver, and obstructions of the gall duct, or extreme bloat, our XXX large size, or Spleen Pad, may be worn, costing ten dollars.

OUR ABSORPTIVE MEDICINAL PLASTERS.

MADE AND PREPARED ONLY BY JOSEPH CRISTADORO AND DR. D. W. FAIRCHILD, PROPRIETORS OF THE HOLMAN LIVER PAD COMPANY.

We cannot too strongly urge the use of our Absorptive Medicinal Foot and Body Plasters, both alone and as auxiliaries of the Pad in cases of Typhoid, Bilious and other Fevers, Rheumatism, Neuralgia, Nervous Headaches, and acute pains in any part of the body, especially in the small of the back and shoulders, also in all parts of the body affected by rheumatic pains. Also in cases of Paralysis, they stimulate and equalize the circulation, producing the most satisfactory and astonishing results. In kidney difficulties they are unprecedented in their immediate action. In connection with our Plasters, we strongly urge the use of ABSORPTION SALT (made only by this Company), for bathing the *feet and legs*, before using our Medicinal Plasters. It is invaluable for feet and hip bath; where cold extremities exist; for females who are troubled with complaints peculiar to their sex; also spinal affections, sluggish circulation, sick headaches, colds, &c.

These hot foot baths, used before retiring, are superior to all other baths known, as the properties they contain are such that, while they open the pores of the skin, yet it is impossible to take cold, as is often the case in the use of hot baths. The properties used are medicinal, delightful in their use, and perfect disinfectors.

In the combination of the Pad, with our Plasters and Absorption Salt as auxiliaries, and following the directions, the patient can feel but little doubt of being absolute master in the severest chronic difficulties.

INSTRUCTIONS.

To receive the necessary benefit from the use of the Holman Pad and our Absorptive Medicinal Plasters and Absorption Salt, you will be required to follow these directions :

ADJUST THE PAD SO THAT NONE OF IT GOES OVER THE BREAST BONE, but the top being just under it, so that the Pad sets into the hollow spot just under or below the breast bone—THE STERNUM—thereby covering the vitals, the stomach and liver. If you are very thin, or by wearing tight corsets have brought the ribs nearer together than natural, you can put your Pad on lengthwise, by changing the strings. In adjusting your clothes, always leave plenty of room about your waist for the Pad. KEEP THE PAD SOFT BY CRUMBLING IT WITH THE FINGERS. Should it become too hard for that, then lay it between several folds of cloth, and pound it gently with any smooth, hard substance, beginning at one end and beating it by degrees to the other. The Pad usually cakes when there are disease and poisons in the body, but may not do so, and yet be doing the work.

The Body Plaster, in case of pain in the small of the back, or in kidney troubles, is to be placed crosswise over where the pain is located, either over the left kidney, or both kidneys should both be diseased, and also covering the spine about an inch. In many complications two plasters are necessary. As regards other parts of the body, the Plasters are to be applied wherever the pain is located.

In cases of coldness and numbness, etc., of the extremities, the Foot Plasters are to go under the foot, with one end coming up on the inside over the pulse.

Put on the Foot Plasters at night, before retiring. Before doing so, soak your feet in our medicinal foot baths.

Where there is Neuralgia in the Head, or Rheumatism in the shoulder blades, and sluggishness in the spinal column, place a small Plaster over the back of the neck, at the top of the spinal column, and immediately under that a Body Plaster covering the spinal column, between the shoulder blades. At the end of three days take it off and put the top where the lower part was, and so on each succeeding three days, until it meets the kidney plasters, and has by turns covered the whole spine.

Females with diseases of the womb, etc., should wear a pair over the groins and ovaries. The Plaster as a rule, comes off easily and cleanly, but should any of the compound remain on the body it can be

removed by rubbing it with oil or grease. Then wash off with soap and water. If you desire to allay any itching, which occurs very seldom, and only where there is blood poison, take off the plaster at night, clean the body as above, then wash thoroughly with warm salt water. By morning you can use the plaster again. Before applying it, wipe it dry and heat it a little.

In applying the Plaster, remove the pieces of muslin on the front by taking hold of the folds at the middle and pulling them away from each other. Should they adhere too closely moisten them and they will come off easily, but dry the Plaster well before applying. Do not remove the printed cloth at the back, as it is placed there to protect the linen.

Before putting on, wash thoroughly that part of the body where the plaster is to be applied.

If constipated on first using the Pad, take four to six figs, place them in a saucepan on the stove and pour boiling water on them. Let them boil softly for five minutes. Then cut them open and eat them hot, as soon as you can do so without scalding the mouth. They should be so prepared and eaten in the morning, about twenty minutes before breakfast. Do this from three to five mornings.

In addition to the above directions, obstinate constipation may sometimes be greatly relieved by kneading the bowels thoroughly from below upwards, and under the ribs on the right side especially, in the morning before rising.

In cases of malaria or biliousness, especially in Fevers, take a hot strong, clear lemonade each morning for a week or less, as the case may indicate, about ten to fifteen minutes before breakfast or upon retiring and take it cold during the day whenever it is convenient. The plain juice of the lemon may also be sucked; as it is most beneficial.

When adopting these Remedies make it your business to get well. Be as consistent as possible in your habits and diet, live up faithfully to the directions found in the box, and the result will be that you will certainly become a missionary in behalf of our Remedies.

Holman Ague and Liver Pads.		Our Absorptive Medical Plasters	
Regular Size, - -	$2.50	Body Plasters, -	50 cents each
Special " - - -	3.50	Foot Plasters, -	50 cents per pair
Infant's " - -	2.00		

These plasters must not be confounded with the ordinary strengthening Porous Plasters. They are a medicinal Plaster carefully made from prepared and selected medicinal ingredients.

Pads and Plasters sent by mail, post paid, on receipt of price.

OUR ABSORPTION SALT.

One Package, - 25 cents. | Six Packages - - 1.25

This cannot be sent by Mail, and must be sent by express at the expense of the Purchaser.

It is therefore adviseable to order half-a-dozen from the office nearest to you, and thereby save in price, time and expressage. The Salt is always a most serviceable thing to have in the house, for sudden

colds in the chest or head. Rheumatism of the feet and ankles, sick headaches, &c., &c.

Generally one regular sized Pad will cure all ordinary cases where instructions have been followed. But in all chronic cases, where poisonous internal medicines have "set" the disease in the system, as alum "sets" dye colors in cloth, or where the nervous system has become greatly prostrated, and also where the size and build of persons require, we recommend larger sized Pads, and Plasters and Salt as well, according to the case.

A Pad is good as long as such odor remains. Later experience teaches us that, to obtain the best results, the Pad should be worn continuously at first from three to five weeks, then for a while wear it by day and leave off at night; then follow with intervals of a few days between wearing and leaving off; after which your condition will indicate whether to leave off entirely or not.

VERY IMPORTANT TO PATIENTS.

As spoken of in another place, time and experience develop improved modes of procedure in the use of our remedies. It very often occurs that patients need such instruction and advise for the proper management of their case as only experience with these remedies can give.

To such patients we would state, that a great advantage will be gained, and we cannot too strongly urge it upon them in purchasing these remedies, to give the preference to our regular appointed agents, and thus receive the benefit of their extended knowledge, experience and advice at the time of adopting and during the period of their treatment with our remedies. All of which will be a great gain to patients, and cannot be obtained elsewhere.

A LAST WORD.

We ask those who buy our remedies to keep closely to their use, as directed in the foregoing pages. Do not give them up if they do not bring about a cure instantly. Have patience and perseverence. Try to be almost as patient with them as you would be with a doctor and medicines, both of which cost you their price many times over. In fine, give them but half the fairness you would any other treatment, and you will be satisfied with the result.

Respectfully,

HOLMAN LIVER PAD COMPANY.